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Week 8 Term 1 Newsletter

FROM THE PRINCIPAL

Dear Parents and Carers,

Thank you for your great support at this time. We appreciate you monitoring the health and wellbeing of your children and keeping them home if they have signs of coughs, colds, sore throats and flu-like symptoms. Thank you for helping your children understand the importance of good hygiene practices with sneezes and coughs (into elbows), and thorough washing and sanitising of hands. Social distancing in a primary setting is not an easy aspect of community life that we are encouraged to adopt. The things we are doing are 'distant hugs, hi-5's, fist bumps' we are smiling and waving at each other as our greeting and 'spirit fingers' are making an appearance too.

I read this quote this week and thought it was worth sharing:

Young children are going to remember how their family felt during this Coronavirus panic, more than anything specific about the virus. Our kids are watching and learning about how to respond to stress and uncertainty. Let's wire our kids with resilience, not panic.

From Kelly's Treehouse

Michael Rheinberger Award

~ for persistence, participation, sportsmanship, effort, passion (at this time for swimming) ~

On Monday we presented the award to a student who demonstrated the characteristics of Michael Rheinberger at the recent school swimming carnival. We congratulated many students who were nominated by both staff and students: Ella Taylor, Deakin Saye, Ava Salway, Robert Stewart, Ivy Smith, Payton Alcock, Maddie Woods, Brodie Irvin, Devlin Needham, Sonia Myers, Blake Bateman and Lincoln Thompson. Congratulations to this year's recipient: Blake Bateman!



Sport News – Appaloosa Championships

We congratulate Brooke Scott on her amazing achievement at the Australian at the Appaloosa National Show 2020 and Appaloosa NSW State show 2020 held at K Ranch Mt Hunter NSW 10th - 15th March. The National show judge; Nancy Right USA; State show judge; Joanne Gregory AU.

National Show Results:

Youth Walk Trot Hunter Under Saddle National Champion

Youth walk trot hunt seat equitation National Champion

Youth walk jog western pleasure National Champion

Youth walk jog horsemanship National Champion

Youth walk jog showmanship Reserve National Champion

Youth Halter Gelding Reserve National Champion

High Point winner in the youth 13 & Under Walk Trot of the show. Trophy Rug

State show results:

Youth Walk Trot Hunter Under Saddle State Champion

Youth walk trot hunt seat equitation state Champion

Youth walk jog western pleasure State Champion

Youth walk jog horsemanship state Champion

Youth walk jog showmanship State Champion

Youth Halter Gelding State Champion

High Point winner in the youth 13 & Under Walk Trot of the show. Trophy Buckle tumbler

Brooke has been training very hard especially for the last 6 weeks before hand. With the bush fires we didn't think we would make it this year but what a success.

Brooke is self upgrading to the lope and canter classes next season. She said she would like more of a challenge. Go Brooke!



Have a restful weekend.

Regards.

Jo

FROM THE ASSISTANT PRINCIPAL

NAPLAN PRACTICE TEST

All schools are expected to have a practice NAPLAN test next week. We will have our practice test on Tuesday from 9-11.

The purpose of the test is to iron out any technical challenges, trail the extensive internet usage and give students the opportunity to sit the test.

We will be keeping this experience as low key as possible to help our students remain calm and able to concentrate. We ask that you do the same.

As It is a practice test there will be no results. Please see me if you have any questions.

Caz Perryman

RE NEWS

A PRAYER AT A TIME OF THE CORONAVIRUS PANDEMIC (COVID 19)

ARCHBISHOP CHRISTOPHER PROWSE
CATHOLIC ARCHBISHOP OF CANBERRA GOULBURN

Heavenly Father,

We praise and thank you for your loving presence, especially in the Lent/Easter season.

We offer heartfelt thanks, dear Lord, particularly for our recent rains.

Once again, we come to you in our need. As your children we are in need of your healing and protection.

Just as we have been recovering from our dangerous bushfire summer, we have now been thrown into a fearful coronavirus (COVID-19) autumn.

We are tired and frightened. We feel a sense of panic and future uncertainty on a global scale.

Be with us now, Loving Master. Without you all is nothing – only empty hearts and a total reliance on our own feeble resources.

But with you "there is mercy and fullness of Redemption" (Psalm 130/7). With you there is "the loving mercy of the heart of our God (who) will give light to those who sit in darkness, those who dwell in the shadow of death, and guide our feet into the way of peace" (Luke 1/79).

It seems that so many public gatherings are now postponed or cancelled. There is virus death, the sick, and the anxious. We are spending more time on our own, or with family or friends.

We pray for the sick and those looking after them. Help us to offer practical help to those who struggle.

Let us use these times, O Lord, for your greater glory, especially during Lent and Easter. Let us pray more, and truly listen to you more in loving silence, stillness and simplicity.

Almighty Father, you always journey with us in life's challenges. Help us to meet you often in the scriptures and our sacraments. Increase in us faith, hope and trust.

Protect us from this coronavirus. Remove it from our common home. Heal those who are sick and dying.

Mary, Help of Christians, as always we fly to you in our need. Be close to us and point out your Son, Jesus, to us in this pandemic. St Therese of Lisieux and her parents, Saints Louis and Zelig Martin, pray for us.

We make this and all our prayers through Jesus, Our Lord and Saviour, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever, **AMEN**

The latest Archdiocesan protocol updates have been shared on Skoolbag:

https://skoolbag.s3.ap-southeast-2.amazonaws.com/schoolstorage/1489/appdocuments/docs_5e73e0112d130.pdf?X-Amz-Content-Sha256=UNSIGN ED-PAYLOAD&X-Amz-Algorithm=AWS4-HMAC-SHA256&X-Amz-Credential=AKIAJ5FUSDUY5KXVGILQ%2F20200319%2F ap-southeast-2%2Fs3%2Faws4_request&X-Amz-Date=20200319T222217Z&X-Amz-SignedHeaders=host&X-Amz-Expires=600&X-Amz-Signature=ec37dee6ce19ee2f09fa3e2b9b39db66cb3510dccb004d42673c1669c5dd8b3f