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Week 10 Term 3 Newsletter

FROM THE PRINCIPAL

Dear Parents and Carers,

As Term 3 draws to a close, I am filled with joy and pride reflecting on the vibrant energy and spirit that have carried us through these past months. What a wonderful way to end the term—with our spectacular *This is Me* dance concert! I know this evening, like the matinee yesterday, will be a true celebration of individuality, confidence, and community, showcasing the incredible talent and courage of our students. Their performances will light up the stage to remind us all of the power of self-expression and belonging.



Adding to the richness of the event we were pleased to be able to add the cultural performances from our *A Taste of St Pat's* event into the concert. This fusion of cultural dance and music has this year helped create a beautiful tapestry of who we are as a school—diverse, inclusive, and deeply connected. Thank you to all the families, staff, and students who contributed to both events. Your support and enthusiasm make these moments unforgettable.



This week, I've found myself wearing my *parent hat* more than my *principal hat*, as I've attended the many events marking the end of my son Xavier's schooling at Lumen Christi Catholic College. As principal, I celebrate the 'graduation' of our Year 6 students every year and deeply understand the significance of that milestone for families. But experiencing the final days of Year 12 as a parent has brought a new layer of emotion and reflection.



Watching Xavier and his peers step into the next chapter of their lives has reminded me of the journey every child takes through school—the growth, the challenges, the friendships, and the moments that shape who they become. It's been a powerful reminder of the privilege we have as educators to walk alongside students and families during these formative years.

To our Year 6 families at St Pat's, I understand the pride, the nostalgia, and the hope you carry as your children prepare to move on at the end of next term. And to all our families, thank you for trusting us with your children's learning and wellbeing. It's a partnership I value deeply.

Finally my congratulations to the 11 St Patrick's students who competed in Sydney yesterday at the MacKillop Athletics Championships! I am and we are SO

PROUD of you all. Well done Indi on making it to the next level for shot put.

As we head into the holiday break, I want to wish every member of our St Pat's community a restful and joyful time with loved ones. May the holidays bring you peace, laughter, and a chance to recharge. We look forward to welcoming everyone back for Term 4, refreshed and ready for the exciting term 4. (I know the Beachathon will be the next topic of conversation at home!)

Kind regards,

Jo

FROM THE ASSISTANT PRINCIPAL & CLASSROOM SUPPORT

Dear Families,

As we wrap up Term 3, I want to take a moment to acknowledge the incredible efforts of our students, staff, and families throughout the term. It's been a busy few months filled with learning, growth, and community spirit — and now, the holidays are just around the corner.

Holiday Balance & Wellbeing

The break is a valuable opportunity for students to recharge, reconnect, and reset. We encourage families to help children strike a healthy balance between rest and activity. Whether it's spending time outdoors, reading a good book, helping in the kitchen, or catching up with friends, these moments are just as important as academic progress.

We also suggest setting gentle boundaries around screen time. While technology has its place, holidays are a great time to unplug and rediscover offline joys — creativity, movement, and meaningful conversations.

Dance Concert: This is Me

A huge congratulations to all students involved in our spectacular dance concert *This is Me*. The energy, confidence, and individuality on display were truly inspiring. It was more than just a performance — it was a celebration of self-expression and courage. Thank you to our dedicated staff and supportive families who helped bring this event to life. We couldn't be prouder!



Wishing you all a safe, restful, and joyful holiday. We look forward to seeing everyone back for Term 4, refreshed and ready for the final stretch of the year.

Emma Grant

FROM THE REC & CURRICULUM LEADER

Icy Poles back in Term 4!

From Term 4, our much-loved icy poles will be on sale again for just 60 cents each! Not only do they offer a refreshing treat during warmer days, but this term they also serve a greater purpose. All proceeds will support **Catholic Mission** and the **St Vincent de Paul Christmas Appeal**, helping bring hope and joy to those in need. Thank you for your generosity and for encouraging our students to make a meaningful difference through simple acts of kindness.



Blessings for the Holidays

As Term 3 draws to a close, we give thanks for the learning, laughter and joy shared across our school community. Over the holidays, we invite families to enjoy moments of rest, connection, and prayer. Here are a few simple ways to keep hearts and minds engaged:

Holiday Activities:

- Create a nature collage and reflect on God's creation
- Read a Bible story together and act it out as a family
- Write a letter or draw a picture for someone in need of encouragement
- Listen to or sing favourite songs—perhaps even start a family playlist!

Prayers to Share:

- *A Morning Prayer:* "Loving God, thank You for this new day. Help me to be kind, joyful, and grateful."
- *A Night Blessing:* "Jesus, thank You for today. Watch over my family and help me rest in Your peace."
- *A Prayer for Others:* "Lord, bless those who are lonely, sick, or struggling. May they feel Your love through us."

May these holidays be a time of renewal, joy, and quiet grace. We look forward to welcoming everyone back in Term 4 with open hearts and fresh energy.

Mel Ferris

SPORT NEWS

Modern technology can be a wonderful thing especially when 11 St Pat's kids are competing in Sydney! I spent yesterday live

streaming our fabulous kids trying their hardest against some of the best competitors in the state. The focus on TV is mainly the track events, however, during the breaks they panned out to some of the field events. I managed to see all except three of our students (because they didn't get shown on camera). It was very exciting watching them have their turn, I was feeling nervous for them. Most of the events were dominated by the very strong Sydney teams. It was obvious when watching that these children may already have their own athletic coaches. Even the 8 year old sprinters looked like professionals! Some of our students achieved PB's and one even received a medal. Congratulations Indi Taylor who placed third in the jnr girls shot put. This is an extremely high level of competition, so we are very proud of Indi's efforts. Congratulations to the eleven kids who made me feel very proud watching them with the best of the best.

Next term we will be holding our junior primary fun athletics day. It will be held on Friday in Week 2. There will be more about this next term.

Last week I mentioned the individual sport trials that will be held next term for competition in 2026. That was basketball, tennis and cricket. Next year Canberra Goulburn will be trying to stand alone in the boys AFL. In previous years we have combined with Wollongong. Presently they are looking for expressions of interest. The trials will be held very early next year. This is for next year so is open to students in Years 4 and 5. If your child is interested please contact the school for further information.

https://stpatsbega.schoolzineplus.com/_file/media/7212/kks.pdf

COMMUNITY NEWS

School Holidays at the Library



School Age Kids

The Great Zamboni

The Great Zamboni blends comedy magic with theatre and takes his spectators on a voyage of illusion and wonder. For ages - 4 to 12.

Tura Marrang Library - Mon 29 Sep, 10.30am

Build a Bug Hotel!

A hands-on workshop where kids can create their very own bug hotel! Learn all about the tiny creatures that help our gardens thrive.

Tura Marrang Library - Tue 30 Sep, 10.30am

Creative Sand Art

Did you know you can paint with sand? Join us for some colourful creative fun as we learn how to make bright and beautiful pictures using sand. For ages - 7 to 10.

Eden Library - Wed 1 Oct, 10.30am

Spring into Action: DIY Seed Bombs!

Learn how to make colourful seed bombs using recycled paper pulp and native flower seeds. All materials provided. For ages - 6 to 15.

Bermagui Library - Fri 3 Oct, 10.30am

Mystery Family Movie Screening

Get ready for a fun-filled, frog-led road trip like no other! Packed with heart, humour, and classic charm, this family-friendly film is a joyful adventure. Rated G.

Tura Marrang Library - Tue 7 Oct, 10.30am

Science Experiment Extravaganza

Learn how to make your own Salt Volcano, create a Storm in a Glass and more. For ages - 6 to 10.

Eden Library - Thu 9 Oct, 10.30am

Splash into Spring - Stories, Songs & Splashy Fun!

A family-friendly event that combines water safety with stories, songs, and games! Meet real lifeguards, learn essential safety tips, and enjoy interactive games that build confidence.

For ages 0 to 12

Bermagui Library - Tue 30 Sep, 10.30am

Bega Library - Thu 9 Oct, 10.30am

Tura Marrang Library - Mon 27 Oct, 10.30am

Eden Library - Tue 11 Nov, 10.30am

Youth

Forge your Hero! A Guided Character Creation Workshop.

Get Step-by-step instructions on designing a character, from choosing a class to selecting skills and equipment and even writing your character's backstory! For ages 12 and over.

Bega Library - Mon 29 Sep, 11.00am

Glass Painting

Transform plain glassware into unique art pieces. We will learn some easy techniques then create beautiful designs on glass. All material provided.

For ages 11 and over. Cost - \$10
Eden Library - Fri 3 Oct, 10.30am

Storytelling for Radio and Podcasts

Learn the basics of storytelling for radio and podcasting. From interviewing skills and scripting, to recording equipment.

For adults and youth over 14.
Bega Library - Sat 20 Sep, 10.00am

Tura Marrang Library - Sat 27 Sep, 10.00am

Book online at
begavalley.events.mylibrary.digital
Phone the library on 6499 2127



Jannene

KEEPING KIDS SAFE AROUND SCHOOLS



'Basketball now ranks as Australia's second most popular team sport with 1.3 million participants', says AusPlay



Looking to join the
basketball family?

Come, learn, build up your skills,
confidence and love for
basketball.



Be part of an amazing local club and make friends along the way.
Fun, safe and inclusive,

basketball is for everyone!

MERIMBULA BASKETBALL ASSOCIATION



2025/2026 SUMMER COMP

24th October to 28th March

REGISTRATION Closes 10th Oct.
Play from U8 through to Senior

More Info: merimbulabasketball.com
Contact: merimbulabasketball@gmail.com
Facebook: Merimbula Basketball Association



BEGA "BOYS & GIRLS" AFL SCHOOL HOLIDAY PROGRAM 6 HOURS OF FUN & GAMES

2025 BEGA AUSKICK (4-7/8)

Holiday Program

When: Friday 10th October – 9:00am to 3:00pm (6 hrs)

Where: Keith Mitchell Sportsground – Hockey Fields

Age: **Boys & girls 5 years to 7 / 8 years old**

Cost: \$55 per participant (includes a footy)

Note: BYO food and drinks



SCAN THIS BARCODE TO REGISTER NOW
ON PLAYHQ & COME ALONG FOR SOME FUN!

2025 BEGA SUPERKICK (8-12)

Holiday Program

When: Friday 10th October – 9:00am to 3:00pm (6 hrs)

Where: Keith Mitchell Sportsground – Hockey Fields

Age: **Boys & girls 8 years to 12 years old**

Cost: \$55 per participant (includes a footy)

Note: BYO food and drinks



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ON PLAYHQ & COME ALONG FOR SOME FUN!

For more information, please contact John Dyball – 0411 226 086 John.Dyball@afl.com.au

SPLASH INTO SPRING

Stories, Songs & Splashy Fun!

Make water safety fun!
Join local Lifeguards for an interactive
**Storytime featuring books, music, sensory play
and activities from Kids Alive Do the Five.**
Ages: 0 - 12 years

Bermagui Tues 30 Sept, 10.30am | Bega Thurs 9 Oct, 10.30am
Tura Mon 27 Oct, 10.30am | Eden Tues 11 Nov, 10.30am

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