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Week 7 Term 4 Newsletter

FROM THE PRINCIPAL

Dear Parents and Carers,

Thank you for coming to enjoy the **'Dance through the Decades' Concert** last night. We know that the postponement of the concert due to Aleeta's health has made the end of the school year very busy! This is especially so for our K-2 students who embark upon 10 days intensive swimming from next Monday.



We are always SO proud of the learning, engagement and performance of all our St Pat's students as they learn about, practice and then perform their dance. A special congratulations to our school leaders; Arly, Angus, Eleanor and Aidan who were comperes on the evening.

And of course on the night, but importantly now we honour those whose hard work made the concert a success. Thank you to

- * Aleeta Northey - choreography
- * Adam Twyford - Sound and lights
- * Ross Mannell - Videography

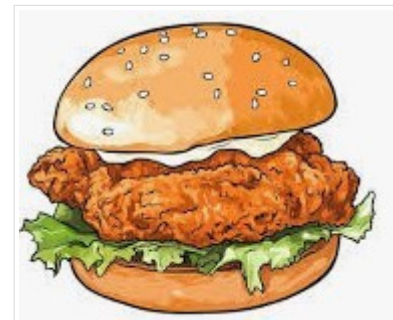
* Emma Grant - tech guru and general coordinator of rosters, schedules and everything behind the scenes

* Dee Jenkins - design/make backdrop and sets

* Deb McPherson - backdrop and sets

* The St Pat's staff team - everything!

* Tam Prime, Holly Burt, Jodie Clifton-Collins, Tracy Gowing, Zoe Philipzen and the team of parent helpers for the delicious pre-concert dinner.



SPORT NEWS We once again celebrate a Year 5 student, Will, for his sporting prowess in cricket. This week Will went to Wagga to trial for the MacKillop Cricket team and has been selected in the boys team and will play at the NSWPSSA Boys Cricket Championships in Maitland next February. Well done Will. Here is a photo of Will with a student from St Greg's Queanbeyan who also made the team.



And lastly, a few more tips and reminders for managing end of year fatigue at home

1. **Create a Relaxing Environment:** Ensure that your child's environment is calm and conducive to rest. This might include dimming the lights, reducing noise, and providing a comfortable space for them to relax or have a short nap if needed.
2. **Encourage Short Breaks:** Allow your child to take short breaks during afternoon and weekend activities, especially if they seem overwhelmed or fatigued. A few minutes of downtime can help them recharge and improve their focus and mood.
3. **Offer Nutritious Snacks:** Provide healthy snacks that can boost energy levels, such as fruits, nuts, or yogurt. Avoiding sugary snacks this helps minimise energy crashes that can occur later on.

Blessings on a restful weekend.

Jo

FROM THE ASSISTANT PRINCIPAL & CLASSROOM SUPPORT

Understanding Typical Development for Children Aged 5-10

As part of our commitment to supporting the well-being and development of our students, we would like to share some insights from Royal Far West on the typical development milestones for children aged 5-10. Understanding these milestones can help us better support our children's growth and address any concerns early on.

Here are some key milestones for children in this age range:

- **Age 5:**
 - Forming more complex sentences
 - Engaging in imaginative play
 - Developing basic reading and writing skills






- **Age 7:**
 - Improving fine motor skills (e.g., writing neatly, using scissors)
 - Understanding and following multi-step instructions
 - Developing friendships and cooperative play
- **Age 10:**
 - Enhancing problem-solving abilities
 - Working more independently on tasks
 - Showing increased empathy and understanding of others' perspectives

If you have any questions or concerns about your child's development, please do not hesitate to reach out. We are here to support you and can provide resources or referrals to specialists if needed.

Thank you for your continued partnership in supporting our students' growth.

Speech Sound Milestones

"I should be able to say . . ."

<p>h, zh, y, w, ng, m, p, k, t, b, g, d</p>  <p>by 3 years</p>	<p>f, l, sh, ch</p>  <p>by 4 years</p>	<p>S, z, j, r, consonant blends eg: st, sc, sk, sl, sp, pl</p>  <p>by 5 years</p>	<p>v</p>  <p>by 6 years</p>	<p>th (voiced) eg: this th (voiceless) eg: that</p>  <p>by 8 years</p>
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Emma Grant

FROM REC

Dates for your calendar

Friday 6th December, Class Mass 3/4 Green. Families Welcome.

Friday 13th December 9:15am- Giving Mass

Tuesday 17th December 6:00pm- Graduation Mass (Please RSVP numbers to Mrs Ferris for pew allocation)

St Vincent De Paul Christmas Appeal

Our Christmas tree is up and the baskets are ready for donations!





Mel Ferris

COMMUNITY NEWS

A blue poster for St Patrick's Primary School. In the top left corner is the 'Christ With Us' logo. The text reads: 'ST PATRICK'S PRIMARY SCHOOL FUNDRAISING COORDINATOR VOLUNTEER POSITION VACANT'. Below this, it says: 'St Patrick's Community Council are seeking someone with new fun ideas to take on the role of fundraising coordinator in 2025. The fundraising coordinator is responsible for working alongside the fundraising committee and community council to host fundraising events during the school year that raise funds but also foster community engagement.' At the bottom, an orange button contains the text: 'enquire now stpatsbegafrc@gmail.com'. The background features a large, colorful bokeh light effect.