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Week 5 Term 4 Newsletter

FROM THE PRINCIPAL

Dear Parents and Carers,

Week 5

There has been some hot, some cold, as well as some wet and dry weather this week. The weather was in focus this week for one reason, dance concert! We could tell the impact of the changing weather by observing our students faces during their dance organisation, gathering, rehearsals and practice in the school COLA.

It has been great to see the commitment of our teaching team and the dedication of our students toward creating the best dance concert they could create in new outdoor, covid aware, environs! The best news for everyone yesterday was that one of the several changes to the COVID-19 roadmap on Monday was that dance can be held indoors! So, concert dress rehearsals this week have been in the COLA and on Monday the final performance recordings will be in the hall.



Welcome to St Pat's

We offer a happy welcome to St Patrick's to Wyatt in Kinder and Jaydon in Year 12M. We are so glad that you have joined our school community. A special welcome back to two of our around Australia travelling students and their family!



COVID-19 roadmap update

Several great changes that come into place on Monday include

- Dance indoors
- Outdoor class and cohort excursions can recommence
- Indoor class incursions can recommence
- Parents (with double vaccination) can come on site for educational purposes eg helping with reading, attending an interview
- Other professionals – can come to site to support students with learning

Many things will remain the same. We will still have

- The cohort model for learning, eating and playing spaces
- Facemasks indoors for staff, a recommendation for masks for students Year 3-6 indoors
- Drop off and pick up routines
- Windows and doors open for ventilation

On the banned activity list are the following:

- Singing, chanting, group repetition and choirs (except for HSC preparation)
- Instruments that rely on breath or require a mask to be removed to be played, as well as singing and chanting, are not permitted in Term 4.
- Emergency drills.
- School performances, productions, concerts, speech nights and award presentations.
- **Overnight** excursions, camps, field trips and principal-endorsd activities for students.
- International excursions.
- Student visits to aged care facilities.
- Community events (fetes, grandparents' days etc.).
- Playgroups.
- School holiday programs (noting that vacation care programs on school sites may continue under current guidelines).

Year 5 Leadership

As we support our Year 5 students in their preparation for their leading roles as Year 6 in 2022 we have finalised the Christian Leadership Day on Friday 19th November. We have once again invited Tony Nassar to help in facilitating the day. Tony is known at St Pat's for his great work in recent years facilitating the Boys Program as well as supporting the senior students on their Leadership Day.

Class Allocation Policy

Please read the class allocation policy attached

https://stpatsbega.schoolzineplus.com/_file/media/2483/class_allocation_policy_2021.pdf

Enjoy the weekend.

Blessings.

Jo

FROM THE ASSISTANT PRINCIPAL

STEM IN K-2/3

This term Mrs Mary Grainger has been teaching the STEM program to Years Kinder-2/3L.

The students are learning about Digital Technology and today they were creating with Lego. Through the Good360 program St Patrick's is able to have access to brand new goods such as Lego that are donated by generous businesses to help us have greater impact in our teaching and learning.



FROM THE REC AND CLASSROOM SUPPORT TEACHER

Religious Education

Upcoming Events

Chapel Masses:

Friday 12th November Week 6 - 1/2M

Friday 19th November Week 7 - Kinder

Parents are able to attend Chapel Mass following the Church COVID guidelines.

Friday 19th November Week 7 - Year 5 Christian Leadership Day

Class Retreats

This term classes are focusing on prayer and spirituality. Each class will participate in a half day retreat in the school hall.



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Class Retreats

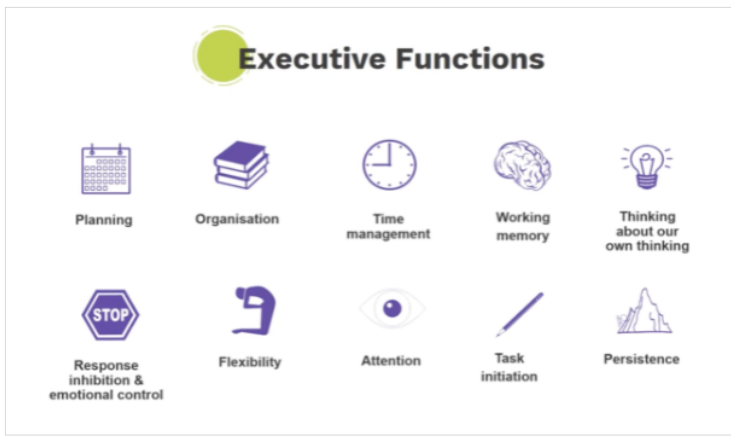
St Patrick's School Hall
Lunch Provided

18/11 (12:00-3pm)
4/5B
19/11 (12:00-3pm)
2/3L
24/11 (12:00-3pm)
1/2B
25/11 (12:00-3pm)
1/2F
26/11 (12:00-3pm)
KF
2/12 (12:00-3pm)
1/2M
3/12 (12:00-3pm)
3/4M
6/12 (12:00-3pm)
5/6N
8/12 (12:00-3pm)
5/6c
10/12 (12:00-3pm)
3/4R

Greetings ISLAND

Supporting Students - Executive Function

This week I joined over one hundred other Classroom Support Teachers to learn about Executive Functions through Positive Partnerships.



Executive functions are skills performed by our brain that help us to control and manage our thoughts and actions. Having the skills to organise and plan, shift attention, be flexible with thinking and self-regulate can all have an impact on how a young person copes with daily tasks.

If you would like to know more about each function follow this link: https://www.positivepartnerships.com.au/uploads/PDF-files/Web_Visual-Executive-Functioning-Aug2020.pdf

Ways we can support children's executive function:

1. Remind them of changes in routines
2. Find out what visuals work for them
3. Use interests to engage them
4. Receiving rewards for jobs well done
5. 1:1 help from an adult
6. Allowing them to take a break and having time away from others

WELLBEING @ ST PAT'S



ALL YOU NEED IS LOVE!

"There are two basic motivating forces: fear and love. When we are afraid, we pull back from life. When we are in LOVE, we open to all that life has to offer with passion, excitement and acceptance. We need to LOVE ourselves first in all our glory and imperfections. If we cannot love ourselves, we cannot fully open to our ability to LOVE others or our potential to create. Evolution and all our hopes for a better world rest in the fearlessness and open-hearted vision of people who embrace life."

John Lennon

Our children are in great need of our LOVE & ACCEPTENCE, BOUNDARIES and experiences that enable them to grow in their own RESILIENCE. We as the adults hold the key.

Some children find big feelings really hard to regulate so will hit, scream, yell or swear.



This isn't them being naughty, this is them being overwhelmed.

@more than one neurotype

Some children find it more difficult to change what they are doing and move on to a different task.



This isn't them being stubborn or not listening to instructions, this is them needing time to transition.

@more than one neurotype

Some children find stillness and focusing very hard.



This isn't them being disruptive, this is them having a brain that requires movement.

@more than one neurotype

Some children get upset, angry, frustrated or scared a lot easier than others.



This isn't them being 'too sensitive', this is them responding to feeling more.

@more than one neurotype

Enjoy
Alicia Spicer
WELLNESS

OFFICE NEWS

Thank you to the families who have already finalised their 2021 fees.

A friendly reminder that Term 4 fees are due next Wednesday 10th November 2021, except those with direct debit arrangements.

If at any time your family is experiencing financial hardship due to Covid-19 or any other reason or your family is in need of other support, please contact the school to make a time for a confidential meeting with our Principal, Jo Scott-Pegum to discuss how the school can help support your family.

JUST FOR FUN

WEEK 4 ANSWER:

The horses name is Friday

WEEK 5:

People buy me to eat,
but never eat me.
What am I?