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Week 3 Term 1 Newsletter

FROM THE PRINCIPAL

Dear Parents and Carers,

Flying Start

Two weeks into the term and we are already seeing what the restful holiday has meant for all our St Pat's students. It is great to see students in all classes demonstrating what it means to be present, centred and ready to learn each day. Our daily 5 minute assembly at 8.55 is a time when we acknowledge students for how they are speaking and acting as St Patrick's students each day. We are also referencing our new St Pat's Kids Journal that was trialled last year and is being used across the grades this year. The teachers have all commented about students in their class showing good manners and behaviours for learning and engagement in class and at school. I have had a steady flow of visitors sharing great learning.

Horse Riding Champions

Congratulations to Sienna Jessop and Isabella Clifton-Collins on their great achievements at the Berry Interschool Competition in the Christmas holiday.

Sienna and Andolin Park Titanium (Ty) Year 3 Overall Champion



Isabella and Ironbark Grove Blue Moon (Becky) Year 1 Reserve Champion overall



Volunteers in school

All parents and carers who would like to volunteer in our school need to complete a VOLUNTEER INDUCTION session. Next week we will host two volunteer induction sessions for parents and carers of approximately 1hour in duration.

Monday 15th at 9.30am

Thursday 18th at 2.15pm

Please register your interest in attending in an induction session by emailing office.bega@cg.catholic.edu.au with your name and time you are attending.

Staffing – New faces

We welcome Mrs Kim Stafford to a part time position for Term 1 in the classroom support assistant team at St Patrick's.



We welcome Mrs Erin Taylor our CatholicCare Counsellor.



Hello St Pat's community,

My name is Erin Taylor, I am your new School Counsellor. I will be at St Pat's Tuesday fortnight and Wednesday between 8.30am and 4.30pm.

I am available to speak with your children about any problems they may be having. I also welcome contact from parents. Please feel welcome to call me at the school if you would like to discuss how I can best support your child.

A bit about me: I have completed honours and masters in psychology, and have been working with young people at headspace in Bega for nearly two and a half years. I live in Wolumla with my husband and three border collies.

I am very excited about being part of the St Pat's community, and being available to help your children be the best they can.

Catalyst

As part of the professional learning into practice this year St Patrick's, and the schools in our archdiocese will be focusing on several HITP's - High Impact Teaching Practices. There are many authors and lists in this field. Our archdiocese is centring our planning on Rosenshine's 10 Principles of Instruction. These principals are clear and succinct and most teachers, most of the time use these principles in their pedagogy. We are going to be refining our skills and use of these practices in our school.

At home when you are supporting your children with learning new things you can employ these principles and strategies too. Over coming weeks I will give a short summary of each of the 10 HITP's.

Principle 1. Daily Review Daily review is a process for activating prior learning in readiness to build on it during the lesson. You set a question or task that makes all of students think about ideas they've encountered before, related to today's lesson, so that they can start to make new links; to continue to build their understanding.

Blessings

Jo



At St Pat's, our teachers have a desire to develop and teach a rigorous curriculum. The MAPPEN framework provides opportunities for students to explore content and skills through real world examples. MAPPEN has a strong focus on building students capacity to develop questions and to plan and conduct their own inquiry. It aligns with our belief that alongside the core literacy and numeracy skills, students in the 21st Century need to have opportunities to question, wonder and create.

The MAPPEN curriculum represents approximately three hours of teaching time each week. It covers the content and skills from the NSW curriculum; Science and Technology, Personal Development, Health and Physical Education, Geography and History. Where appropriate, there are links to content descriptions in English, Mathematics.

This term our focus across the school is **COMMUNITY**. The rationale for each stage is related to the age and stage of the student.



Kindergarten; As members of a community, we need to be able to show respect, listen to and care for each other.

Stage 1; By understanding what services are available in my community and the way my community has been designed, I can get the most out of living in it.

Stage 2; Understanding the history of the Australian community enables us to empathise and appreciate the traditions and experiences of different cultures.

Stage 3; It is important to understand the values of your community, the rules that are designed to protect your rights, and the responsibilities you have to others.

St Pat's kids are learners....

This week I have been spending time in classrooms noticing how quickly students are settling into the routines and structures of school life. After our morning assembly the students are calm, centred and ready to learn.

Val

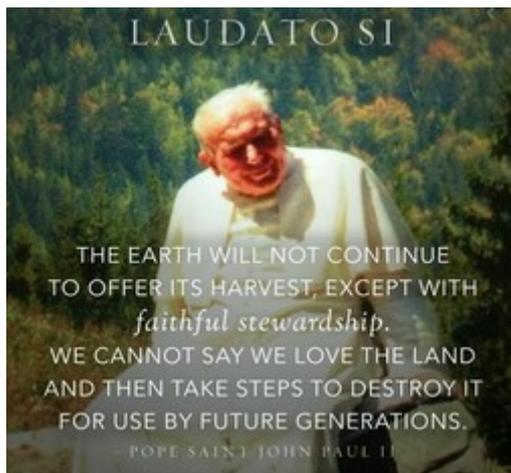
FROM THE REC AND CLASSROOM SUPPORT TEACHER

Upcoming events & dates

- Staff Commissioning Mass Sunday 14th February 9:30am
- 2021 Sacraments

Year 5 and 6 students will prepare for the Sacrament of Confirmation in Term 2. The Sacrament will take place on 17th June at 6pm. An information pack with further dates and information will be sent to families in the coming weeks.

Growing a more sustainable St Pat's in 2021



NCCD

Each week I will share information and/or tips from the Nationally Consistent Collection of Data on School Students With Disability.

WHAT IS THE NCCD?

The Nationally Consistent Collection of Data on School Students with Disability (NCCD) takes place every year.

The NCCD is a collection that counts:

- the number of school students receiving an adjustment or 'help' due to disability
- the level of adjustment they are receiving to access education on the same basis as other students.

Students are counted in the NCCD if they receive ongoing adjustments at school due to disability. This 'help' allows them to access education on the same basis as a child without disability. The NCCD uses the definition of disability in the [Disability Discrimination Act](#)

WELLBEING @ ST PAT'S

Noticing the calm atmosphere present already at St Pat's I feel we are in for an AWESOME 2021. For those of you that are new to our community my name is Alicia Spicer and my role here at St Pat's is Wellbeing, working with students, parents and

teachers. Some of the programs I facilitate and new initiatives are;

* **Peer Mediation Program:** a program offered to all grade 5 students where they learn how to "mediate" issues on the playground like friendship disputes, not telling the students what to do, but by actively listening to both sides of the story and getting the disputants to come up with a peaceful resolution.

* **Passion clubs:** Students who have a passion that they would like to share are encouraged to run a club on Monday and Friday lunchtimes in the Cola. So far the clubs that have been suggested are Art and Craft, book club, fitness, bay blade, Fix it, and lego clubs.

* **M.U.M.S :** This is an acronym for **MOTHERS/MALES USING MINDFULNESS STRATEGIES** a group for St Pat's parents to learn mindfulness strategies to build calm from within. If interested please contact me.

* **Chair Yoga for Teachers:** Breathing and stretching techniques for calm held before school and after school.



Empowered

Empowered is in its fourth year at St Pats which offers a 10 week program using movement, music and mindfulness for every child in the school to learn strategies to help keep themselves in their "calm zone". Students attend the program in small groups of six students for 30 minutes once a week. The feedback from the students is that they feel calm after attending Empowered and I am always excited to hear stories of how they have used some of the breathing techniques learnt in Empowered to stay calm and respond to life rather than react. This year in Empowered I will be focusing on the 24 Character Strengths, my aim being that every child will know and live through one of their top Character Strengths.



Enjoy
 Alicia Spicer
Alicia.spicer@cg.catholic.edu.au

LIBRARY NEWS

Hello St Pat's Parents and Carers,
 The Scholastic book club catalogue went home yesterday with the students.
 We are not accepting cash payments for Book Club this year, all ordering has to be done through the Book Club Loop website or app. The app is available on Apple or Google Play.

<https://mybookclubs.scholastic.com.au/Parent/Login.aspx>
 Please see the video below that have I made to assist in navigating the site.
<https://youtu.be/wBj0JwiNxlk>

Also please don't hesitate to contact me stephanie.noack@cg.catholic.edu.au if you have any questions. The issue close date is 19/02/2021.

Kind Regards,
 Stephanie Noack
 Teacher /Librarian

RESIDENTIAL ADDRESS COLLECTION NOTICE 2021

Please find attached information regarding the collection of residential addresses from St Patrick's families for 2021.

Please contact the school office on office.bega@cg.catholic.edu.au if you have any questions.
https://stpatsbega.schoolzineplus.com/_file/media/1557/collection_notice.pdf

COMMUNITY NEWS

GET MOVING, GET FIT AND HAVE FUN WITH FLING PHYSICAL THEATRE!

At FLING we believe DANCE IS FOR EVERYBODY and we are offering a range of awesome classes for kids, teens and adults in Bega, Tathra and Merimbula.

Classes offered include Dance FIT, Young Dance Creatives, Dance Gym, Parkour, Ballet, Dance Industry Contemporary, NEW Flow Hoop, and our Youth Performance Companies >>YFLING (7-10yrs) FLUX Creators (11-14yrs) & FLING Company (14yrs+).

FLING accepts both Active Kids and Creative Kids vouchers. Term 1 has just started, to book go to <http://www.flingphysicaltheatre.com.au/community-dance-classes.html>