

Gipps Street  
Bega NSW 2550  
Subscribe: <https://stpatsbega.schoolzineplus.com/subscribe>

Email: [office.bega@cg.catholic.edu.au](mailto:office.bega@cg.catholic.edu.au)  
Phone: 02 6492 5500



Week 6 Term 4 Newsletter

## FROM THE PRINCIPAL

Dear Parents and Carers,

**Beach Days:** Having the opportunity this week to celebrate St Pat's kids - both learning and behaviours for learning has been such a joy. The students have thoroughly enjoyed having their 2020 'beachathon' style day, and relished the opportunity to take time in the outdoors with their classmates and friends to be St Pat's kids 'out and about'. The pairing of older classes with younger classes has given opportunity to grow stronger connections between the students in our school. My thanks to the teaching and support team for enabling these days!



**Chooks in the Coop:** Thank you to Leeroy (KM) and his family for the gift of two chickens to populate our coop. They are settling in well to their new surroundings.

Mrs Banks, our resident chook expert will be teaching our students how to care for our new residents.



**Challenging Learning:** Yesterday we had a visit from a member of the teaching and learning team from Catholic Education, and a zoom meeting with an expert from Challenging Learning. They were looking at and talking about learning at St Pat's. Part of the zoom involved a group of students from Year 2-6 talking with Mr Telford on zoom about what learning and challenge is like for them at school. It was a very insightful discussion. I was proud of the children's candour and their ability to speak knowledgeably about the learning pit, the use of learning intentions and success criteria, the 'pop stick' approach to answering questions, and other aspects of learning. They all agreed that one thing they would like more opportunity for is giving their teachers feedback about the level of challenge in their learning.



**Canteen 2021:** We thank Mrs Hotson for her great work as our canteen manager. Mrs Hotson is stepping away from this role next year. So, in 2021 we will be looking for a new canteen manager. The role, which is a 7 hour day per week, will be advertised soon on Catholic Education website.

Blessings on a fun family weekend.

Jo

Every parent wants to support their child to transition successfully to high school. LOOK AT THIS WEB SITE for some tips https://headspace.org.au/friends-and-family/the-transition-from-primary-to-secondary-school/

REC NEWS

This week our 2021 Kinders visited for their second orientation day. They toured the school, explored the playground and added to their orientation bag a special book.



Vinnie's Christmas Appeal

A message from Mini Vinnie's:

St Pat's would like to continue to support the St Vincent De Paul Christmas Appeal. As our community has faced a challenging year this support will look a little different this year. Instead of each class having an individual hamper we will have a few hampers in the office foyer. Families who are able to donate can place an item in the hampers. Donations can include:



- Toothpaste and toothbrushes
Shampoo and conditioner
Chips
Popcorn
Pasta
Rice
Cake mix
Tinned fruit or vegetables
Tinned soup
Biscuits
Lollies
Christmas cake/pudding

Please do not include items such as chocolate that could spoil in warm weather.

Wellness@ St Pats Positive Words

Two 'A' frame boards now welcome the students as they enter the two main gates of our school. Each week a quote will appear to inspire all of our St Pat's Kids to be their best. This week's quotes were:

'100% St Pats Kid' & 'Good Choices = Fun'

In the coming weeks each class and some individual students will have an opportunity to write an inspirational quote. Let's walk our positive talk.

Empowered Program

The students in the Empowered Program will continue this week exploring how they can 'let Go' of thoughts, words and actions that block their energy so that they can shine brighter.

'Walking' is the best exercise...! This coming year, 'Walk Away' from arguments that lead you to nowhere but anger. 'Walk Away' from people who deliberately put you down. 'Walk Away' from any thought that reduces your worth. 'Walk Away' from failures and fears that stifle your dreams. The more you 'Walk Away' from things that poison your soul, the happier your life would be. Give Yourself A Walk towards joy and the peace of God, don't try to explain yourself to everyone. Jesus said 'if they don't accept you shake off the dust,' so walk away! Don't explain & don't try to make them understand. Walk!

Recess & lunchtime Clubs

The clubs did not happen this week due to the beach excursion on Monday in which I took part. Looking forward to next week where we will review all the clubs, add new clubs or keep them the same as we head down the final stretch towards the end of the year. If your child has a great idea for a club come see Ms Spicer on Monday.

Keep being YOU

Ms Alicia Spicer Wellbeing Coach

## OFFICE NEWS

### School Fees

Thank you to the families who have finalised their Term 4 School fees.

A reminder 2020 [School Fees are due today](#), Friday 20 November 2020 (except those with direct debit arrangements)

### Drink Bottles

It is imperative that your child brings a drink bottle to school each day. Due to recent Covid-19 restrictions there are no bubblers available and the students must provide their own drink bottle.



### School Uniforms – Hats

Please ensure that your child brings their hat to school, as they are required to wear a hat to play outside. Hats can be purchased on Qkr!



**Nutrition Snippet**

**BE FOOD SAFE.**  
Did you know that food poisoning is more common in summer?



**Bacteria love hot and humid weather.**

Always pack an ice brick or frozen water bottle in the lunch box.

Find more helpful tips at:  
[healthylunchbox.com.au](http://healthylunchbox.com.au)

