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Week 3 Term 3 Newsletter

FROM THE PRINCIPAL

Dear Parents and Carers,

Behaviour at School Yesterday Mrs Perryman and I addressed the students about the expectations of being a 'St Pat's kid' and what following the rules looks like. The behaviour of a minority of children has been impacting the joy and fun of their peers at playtime and sometimes in class. Thank you for iterating the messages in this explanation of some of the criteria that help students know how to follow the school rules (middle primary version).

At St Pat's we FOLLOW THE RULES

At St Pat's we LOOK LISTEN LEARN by

- Following three to five simple instructions, two of which have to be held in memory
- Demonstrating sportsmanship
- Choosing the best solution
- Asking friends for help
- Staying on task
- Considering how my actions in the classroom impact on the learning of my class mates

At St Pat's we RESPECT SHARE GROW by

- Being sensitive to the feelings of others
- Understanding my body language affects others
- Understanding my tone of voice and volume affects others
- Stopping when someone asks me to stop

At St Pat's we BE SAFE BE HAPPY by

- Controlling my anger
- Seeing what is fair
- Analysing decisions to see if it is working
- Choosing the best solution for a problem
- Responding to peer pressure appropriately
- Asking to leave the group or team
- Listening to our year five and six leaders

Please remind your children of these core expectations.

- HANDS AND FEET OFF
- NO STICKS AND ROCKS
- NO CLIMBING TREES
- STAY IN BOUNDS
- USE G RATED LANGUAGE
- FOLLOW TEACHER DIRECTIONS

The Playground is here! This week we watched in anticipation of our first play on the playground. Today the softfall bark chip will arrive and then play can begin!





Toilets The tenders for the toilet block building close today. We wait in anticipation of a building start date.

Blessings on your (wet?) weekend!

Jo

FROM THE ASSISTANT PRINCIPAL

We are creating a culture of learning. How can you help?

Each week for the next six weeks I will share one idea from **Raising Resilient Problem Solvers**.

By Michael Grose.



Personal problem-solving is an under-rated skill shared by resilient children and adults. First, identified alongside independence, social connection, and optimism by early resilience-researchers in the US, the ability to solve your own problems is the basis of a child's autonomy and self-efficacy.

When parents solve all children's problems we not only increase their dependency on adults, we also teach kids to be afraid of making mistakes and to blame themselves for not being good enough. As I noted in my book [Anxious Kids](#), this is fertile ground for anxiousness and depressive illness.

So how can we raise kids to be courageous problem-solvers rather than self-critical, low risk-takers? Here are six practical ideas to get you started:

[Turn requests for help into problems for kids to solve](#)

Kids get used to bringing their problems to parents to solve. If you keep solving them, they'll keep bringing them.

"Mum, Sarah's annoying me"

"Dad, can you ask my teacher to pick me for the team?"

"Hey, I can't find my socks!"

It's tempting if you are in a time-poor family, to simply jump in and help kids out. Alternatively, you can take a problem-solving approach, cuing them to resolve their own problems and take responsibility for their concerns.

"What can you do to make her stop annoying you?"

"What's the best approach to take with your teacher?"

"Socks, smocks! Where might they be?"



REC NEWS

First Eucharist

Dates for your Diary

Please note there may be sudden changes to these dates as circumstances in the school community change and advice is received from Catholic Education.

Enrolment Mass – Sunday 9th August at 9:30am

Family Retreats – Sunday 23rd & 30th August 4:30-6pm

Retreat – Wednesday 16th September 9am-3pm

First Eucharist – Thursday 17th September at 6pm

First Eucharist Thanksgiving Mass – Sunday 20th September at 9:30am

STUDENT NEWS

Ants

A bird sang and a dog barked and a soft autumn breeze passed by.

I sat alone in the garden waiting.

Waiting for winter.

Waiting for the ants to hide and the snow to fall.

Claire Clarke

SCHOOL NEWS

Lice At School

St Pat's have been informed that there has been an identified case of head-lice, which are common in school-aged children, and are the most adaptable of creatures. Whilst your child may not be affected, head lice are also extremely contagious.

In order to ensure the problem is solved as quickly as possible, we are encouraging parents to check their child tonight and if lice are detected to carry out a head lice treatment prior to sending their child back school.

We suggest you look for the following symptoms or signs which would indicate the presence of head lice:

- * Child scratching his/her head excessively;
- * Fine black powder on bed linen/pillows;
- * Nits, the lice eggs, cream to coffee coloured specks stuck near the hair roots; and
- * Lice themselves are small white to greyish parasites about as big as a pinhead.

If you notice any of the above signs or need further advice please contact your local pharmacist.

COMMUNITY NEWS



BRAWL LANDCARE INVITES YOU TO A FREE MORNING TREE PLANTING, RIVER CARBON & WATTLES
Sunday 28th August 2020
10 - 11.30PM

BEWA RIVER ARABAKANCH POND AREA (WARRONGA GROVE)
A GREAT DAY FOR ALL OF THE FAMILY!

Come plant a tree, have fun, create a memory, learn how to care for the water of our River's Wattle.

800 seeds, shovels, spades, hats & gloves given to you free.
Bookings essential! Contact: bookings@brawl-landcare.org.au

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