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Week 2 Term 3 Newsletter

## FROM THE PRINCIPAL

Dear Parents and Carers,

Last week a Health and Safety at school survey was posted on Skoolbag for parents to answer with their children. Safety at school is very important and at the start of term we have reminded students about our three school rules with a specific focus on safety. Thank you to the many families who have answered the survey, I encourage all families to do so as this will help us to gauge the children's knowledge and understanding about safety at school.

One aspect of the survey was with regard to appropriate language at school. We use the term 'g rated' as a child friendly way of naming the expectations of the language children are expected to use at school. From the TV and movie context 'g rated' means good for all audiences. We have noticed a growing trend for children to be experimenting with inappropriate language more frequently at school and we would like to change this behaviour. The preamble of the St Pat's agreed practice for supporting students to use appropriate language at school states:

 **St Patrick's Catholic Primary School, Bega**  
*School With a View* **Agreed Practice**

**BEHAVIOUR SUPPORT AND MANAGEMENT**  
School Rules: Respect Share Grow & Be Safe, Be Happy  
Expectation: G Rated language at school

RIGHTS	RESPONSIBILITIES
<b>Students</b> <ul style="list-style-type: none"> <li>To be treated with respect.</li> <li>To have behavioural expectations explained so that they are understood.</li> <li>To know the consequences of misbehaviour and to know that the consequences are consistent.</li> <li>To have their efforts in schoolwork and in meeting behavioural expectations acknowledged.</li> <li>To be safe and free from intimidation.</li> <li>To work and play in a safe, secure, friendly and clean environment.</li> </ul>	<b>Students</b> <ul style="list-style-type: none"> <li>To treat others with respect.</li> <li>To accept and comply with behavioural expectations.</li> <li>To accept that there are consequences for misbehaviour.</li> <li>To work cooperatively with the teacher and other students to ensure all students have the opportunity to succeed.</li> <li>To ensure that their behaviour allows others to be safe.</li> <li>To ensure that their behaviour is not disruptive to the learning of others.</li> <li>To communicate in an appropriate manner.</li> <li>To ensure others have their right to be heard upheld.</li> <li>To ensure that they are accepting of others.</li> </ul>
<b>Teachers</b> <ul style="list-style-type: none"> <li>To be respected.</li> <li>To have the students comply with the school and classroom rules.</li> <li>To have students cooperate and complete set tasks.</li> <li>To feel safe.</li> </ul>	<b>Teachers</b> <ul style="list-style-type: none"> <li>To model a respectful, courteous and straightforward behavioural manner to staff, students and parents.</li> <li>To have class processes aligned to the school Behaviour Management policy.</li> <li>To support and be consistent when working with the Code of Behaviour.</li> </ul>

**Procedures and Implementation:** We will have

- Positive strategies to celebrate appropriate behaviour including
  - Identifying and articulating appropriate behaviour
- Preventative strategies to encourage appropriate behaviour including
  - Clear rules established collaboratively with the class and prominently displayed for easy reference.
  - Agreed Consequences.
- Corrective strategies to address inappropriate behaviour including
  - Defusing or redirecting potential conflict.
  - Reminding or restating of classroom rules
  - Giving simple choices
- Strategies that support procedures and processes including
  - Following up misbehaviour at an appropriate time
  - "Catching kids" being good.
  - Encouraging students wherever possible
  - Re-establishing working relationships

The school has a behaviour growth plan and a flowchart of agreed practices to follow when students use inappropriate language at school.

Thank you for your continued support of the social and emotional development of your child. Please continue the discussion about appropriate language with your child to help them grow and flourish!

Blessings.

Jo

## FROM THE ASSISTANT PRINCIPAL

In 2020 we have three targets



All students make measurable progress in literacy and numeracy.

All students access quality learning to meet individual needs.

All students will have improved student engagement and learning outcomes.

Caz

## REC NEWS

### Religious Education in Kinder

Kinder students gather to pray together in a prayer circle.



### First Eucharist

#### Dates for your Diary

-  
*Please note there may be sudden changes to these dates as circumstances in the school community change and advice is received from Catholic Education.*

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First Eucharist Virtual Retreat for Parents – Wednesday 5<sup>th</sup> August at 6pm

Enrolment Mass – Sunday 9<sup>th</sup> August at 9:30am

Family Retreats – Sunday 23<sup>rd</sup> & 30<sup>th</sup> August 4:30-6pm

Retreat – Wednesday 16<sup>th</sup> September 9am-3pm

First Eucharist – Thursday 17<sup>th</sup> September at 6pm

First Eucharist Thanksgiving Mass – Sunday 20<sup>th</sup> September at 9:30am

## Retreat for Parents

The First Eucharist Virtual Retreat for Parents is essential and is an important link between family, school and parish. This formation session will be streamed live from the St Patrick's Parish YouTube channel and will allow parents to interact and comment throughout the live stream. If parents are unable to participate in the live stream the session will be recorded and the video will be accessible through the YouTube Channel. Please subscribe to *Bega Parish Stream* [https://www.youtube.com/channel/UC\\_IP75FT2djL7Oowe5WUrhQ/featured](https://www.youtube.com/channel/UC_IP75FT2djL7Oowe5WUrhQ/featured)

## SCHOOL NEWS

### Changes to pick up arrangements

For any change to any regular pick up arrangement for your child when known with 24 hrs notice please email your child's class teacher of these arrangement. Please copy in [office.bega@cg.catholic.edu.au](mailto:office.bega@cg.catholic.edu.au) in this email.

When less than 24 hours' notice please phone the school office and communicate the changes directly to the office staff who will let your child and their teacher know. For permanent changes to pick up please email the child's teacher and copy [office.bega@cg.catholic.edu.au](mailto:office.bega@cg.catholic.edu.au) in.

Thank you for your support in the safe collection of your child each day.

## CE NEWS



### CECG Review into Student Counselling and Wellbeing Services

In 2019, Catholic Education Canberra Goulburn (CECG) engaged Integree Partners to conduct an independent review into student counselling and wellbeing services in CECG schools. As part of this review, Integree Partners conducted online surveys of parents, Principals, students and school staff. They also conducted individual interviews and face to face consultation forums with parents, Principals, teachers and CECG staff. Integree Partners also conducted face to face and online consultations with CECG's primary provider of student counselling services, CatholicCare.

CECG would like to thank all those who participated in the review, especially those who travelled to Canberra for the face to face meetings as well as those who participated in the online surveys and forums. The information gained from the review enabled Integree Partners to deliver an evaluation of existing programs, structures, systems and processes. Integree Partners identified a diversity of challenges across the schools in the Archdiocese of Canberra and Goulburn, requiring a model of counselling and wellbeing service delivery that is flexible and responsive to the student wellbeing priorities of individual schools and their communities. Integree Partners were also able to propose structures and systems aimed at delivering services to schools that reflect best contemporary practice, optimising resource efficiency into the future.

As part of its initial response to the findings and recommendations of the review, CECG have increased the school counsellor allocation for each of its schools for 2020 and have appointed a full time Student Counselling and Welfare Manager. The Student Counselling and Welfare Manager will now look to work closely with schools, Principals and CECG staff to respond more fully to the review and to develop appropriate policies, procedures, frameworks and best practice to support high quality school counselling practice and service delivery in our schools now and in to the future.

#### Contact:

Shawn van der Linden,  
Student Counselling and Welfare Manager  
[Shawn.vanderLinden@cg.catholic.edu.au](mailto:Shawn.vanderLinden@cg.catholic.edu.au)  
0400 715 240

## Bushfire Support Counselling

Taking care of your wellbeing after a bushfire

We understand that life can throw various challenges your way especially during and after a natural disaster. The Bushfire Support Counselling program offers a free counselling service to support individuals, families and communities impacted by bushfires.

This service will help you and your loved ones to deal with the emotional reactions of disbelief, stress, anxiety and grief. We will work with you to make a plan for moving forward and will offer coping strategies, social supports, counselling and family-based psychological interventions. The program delivers evidence based and trauma informed therapeutic services. Sessions available via telehealth services.

Contact us on 1800 068 698 to make an appointment and to find out more.

This Bushfire Counselling Program is supported by funding from COORDINARE - South Eastern NSW PHN through the Australian Government's PHN Program.



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P: 1800 068 698

## ACTIVE KIDS AND CREATIVE KIDS VOUCHERS

### About Active Kids

The NSW Government is helping kids get active with the Active Kids program.

The Active Kids program provides two \$100 vouchers for parents, guardians and carers of school-enrolled children to use towards sport and active recreation costs each year.

Voucher 1 is valid January to December and Voucher 2 is valid July to December.

The vouchers may be used with a registered activity provider for registration, participation and membership costs for sport, fitness and active recreation activities.

Please visit <https://www.service.nsw.gov.au/campaign/active-kids>

### About Creative Kids

NSW Government is helping your cost of living with Creative Kids, which is all about making it easier for school-aged kids (4.5 to 18 years old) to get involved in creative and cultural activities.

Parents, guardians and carers can claim a \$100 voucher per year to put towards the cost of lessons and fees with registered providers.

Please visit <https://www.service.nsw.gov.au/campaign/creative-kids>